

Maine Outdoor Education Program

Participation Checklist: Please check each completed item and return this checklist as a coversheet to MOEP upon arrival.

___ **Wonder & Awe Student Agreement, Release & Acknowledgement of Risk and Photo Consent** (1 per participant including chaperones and teachers collected upon arrival) Please have these compiled in alphabetical order by classroom and submit with a MOEP Overview Sheet included in the packet as well as a class list. It is important to remove all releases of students, teachers or chaperones not attending.

___ **Medications: Any students requiring rescue inhalers or epi-pens MUST have their medication to participate in MOEP activities. Please make sure these are matched with the appropriate group leader.**

___ **Lunch & Snack:** all lunches should be packable in a backpack and include water. Please include more than you would in a daily lunch as students will be burning more calories than a normal day. No glass bottles and we practice a carry-in/carry-out system.

___ **Appropriate outerwear and clothing for the weather are essential for this experience and should include: warm jacket, snow pants, hat, mittens and warm socks. Students can bring a backpack to carry water and snack during their excursion. We have a supply of water resistant pants, jackets and mittens for those who may need to borrow some.**

___ **Electronic devices** such I-Pods, hand-held games etc...are not allowed.

___ Any accident or injury must be reported to our staff no matter how small as soon as possible and always before departure.

Contact Information:

Val Locke
Business Manager
Maine Outdoor Education Program
P.O. Box 839
Millinocket, Maine 04462
1-207-290-0896
vlocke@maineoeop.org

Matt Polstein
Executive Director
Wonder & Awe LLC.
1-207-723-5438

Maine Outdoor Education Program

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P.O. Box 839
Millinocket, Maine 04462

Dear Teachers,

On behalf of the Maine Outdoor Education Program I am excited to welcome you and your class in to our Back Country Skiing and Snowshoeing program. You will be traveling to the MOEP Grindstone Base on the East Branch to participate in an instructional outdoor experience in snowshoeing or Back Country skiing

Enclosed in this packet are the necessary forms and a check list to get you started on your outdoor adventure. You will find enclosed a description of the activity, goals and objectives. Should you like to tailor your curriculum to connect with this opportunity please let us know, and we will work with you to integrate content to the best of our ability. ***For the program expedition please have the class divided into groups of 15 or less for skiing and 20 or less for snowshoeing. Also please have any medications such as inhalers or epi-pens matched with the appropriate group leader. All students requiring inhalers must have their prescribed medication with them during the activity.***

Please note that all students, staff and chaperones need to sign a waiver form to participate.

Should you have further questions or concerns please contact me, Val Locke, at 1-207-290-0896 or vlocke@maineoeep.org. Thank you for your time and consideration.

Happy Adventuring,

Val Locke
Business Manager
Maine Outdoor Education Program
1-207-290-0896
vlocke@maineoeep.org

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Dear Parents,

On behalf of the Maine Outdoor Education Program I am excited to welcome you and your child in to our Snowshoeing and Skiing program. They will be traveling to the MOEP Grindstone Base on the East branch to participate in an instructional outdoor experience in snowshoeing or Nordic skiing; we offer an outdoor experience on some of the best trails in Maine.

Enclosed in this packet are the necessary forms and a check list to get you started on your outdoor adventure ***Please note that students need to submit a signed waiver to participate.*** You will also find enclosed a description of the activity, goals and objectives.

Appropriate outerwear and clothing for the weather are essential for this experience and should include: warm jacket, snow pants, hat, mittens and warm socks. Students can have a backpack to carry water and snack during their excursion. Participants will need to bring a bag lunch and snack. ***Also please have any medications such as inhalers or epi-pens matched with the appropriate group leader. All students requiring inhalers must have their prescribed medication with them during the activity.***

If you are interested in learning more about being a coach please contact us. Should you have further questions or concerns please contact me, Val Locke, at 1-207-290-0896 or vlocke@maineoeep.org. Thank you for your time and consideration.

Sincerely,

Val Locke
Business Manager
Maine Outdoor Education Program
P.O. Box 839
Millinocket, Maine 04462
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